

SAFETY FIRST

BASIC SAFETY RULES

1 Make sure you are in an appropriate mental and physical condition when at work.

2 Make sure you are adequately trained before performing any activity.

3 Think about possible risks before starting any activity. Stop the work and seek your supervisor's advice if you notice an unforeseen or unacceptable risk.

4 Follow the procedures and never take shortcuts.

5 Wear the required PPE and never modify them.

6 Use a fall protection system when working at height.

7 Use correctly the appropriate tools and safety devices. Never modify or remove them.

8 Use lock-outs and de-energize the machinery before working on equipment or entering restricted areas.

9 Operate equipment and vehicles only if you hold the proper license and follow the traffic rules.

10 Maintain a safe distance from moving vehicles.

11 Never stand under or near a suspended load. When operating cranes, keep your eye on the load.

12 Report all accidents, incidents, near-misses and unsafe behavior/conditions.